

COUNSELING CENTER

counseling.studentaffairs.miami.edu

The Counseling Center is the primary provider of mental health services for UM students. The Counseling Center provides short-term individual, couples, and group therapy as well as psycho-educational outreach programming and consultation. Urgent care and limited career and psychological assessment are also available. Psychiatric services are available to those under the care of a Counseling Center therapist. The Counseling Center staff consists of experienced professionals from the fields of mental health counseling, psychology, social work, and psychiatry.

Hours of operation and the campus location of the center can be found on the center's website. (<https://counseling.studentaffairs.miami.edu/appointments/hours-of-operation/>) For appointments, students can call the Counseling Center directly at 305-284-5511 or request an appointment in person. The Counseling Center offers triage services for students in crisis.

After normal business hours, students can talk to a licensed mental health professional by calling the main Counseling Center phone number at 305-284-5511 (Press 1). This number turns over into an after-hours hotline for students.

Sexual Assault Resource Team (SART)

The Counseling Center also coordinates the **Sexual Assault Resource Team (SART)**. SART is a 24/7 telephone response line to assist University of Miami student victims of sexual assault. This service is available during the academic year and is for both men and women. The SART hotline number is 305-798-6666.

For more information, visit the SART website (<https://counseling.studentaffairs.miami.edu/outreach/sart/about-sart/>).

Graduate Student Training

The Counseling Center participates in graduate training programs in the Department of Psychology and programs of the Department of Educational and Psychological Studies. Doctoral students in psychology take part in the Center's professional activities and have first-hand contact with clinical problems. In addition, pre-doctoral interns obtain professional training at the Counseling Center through the Dr. Jess Spirer Doctoral Internship in Professional Psychology. This doctoral internship at the Counseling Center is accredited by the American Psychological Association.