

# MINOR IN EXERCISE PHYSIOLOGY

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## Overview

A minor in Exercise Physiology is open to all students at the University of Miami. Students must complete the required 5 courses to fulfill the requirements for the EXPH minor. Substitutions must be approved by the Program Director. [Students seeking to declare a minor in Sports Medicine must speak to an academic advisor in the SEHD. Courses may not be double-counted.](#)

## Curriculum Requirements

Code	Title	Credit Hours
KIN 155	Biological Bases for Physical Activity and Health	3
KIN 202	Applied Nutrition for Health and Performance	3
KIN 232	Basic Human Physiology	3
KIN 233	Human Anatomy with Lab	3
KIN 365	Exercise Programming	3
Total Credit Hours		15