Overview
The Counseling Psychology Program has been accredited by the American Psychological Association since 1989. It has a proud tradition of preparing students as scholars and clinicians. The program is firmly committed to the foundational values of the discipline of counseling psychology, including its emphasis on prevention, optimal human development, and the promotion of individual, family, and community well-being. The program strives to prepare students who will make a difference in the world through research, scholarship, and reflective practice. The mission of the program is to nurture the development of counseling psychology graduate students and faculty as reflective researchers and scientist—practitioners committed to promoting psychological well-being in a multiculturally complex world.

Application Requirements
Admission to all graduate-degree concentrations in the School of Education and Human Development is based on the recommendation of the faculty. Admissions decisions are based on faculty review of the following general requirements that apply to all Graduate Programs in the School as well as specific documents listed under each concentration.

Applicants must:
- achieve acceptable scores on the Graduate Record Exam (GRE) taken within the past five years. International applicants whose native language is not English or applicants whose degrees are from a non-U.S. university must pass the Test of English as a Foreign Language (TOEFL) or International English Language Testing Systems (IELTS) and the GRE;
- provide official transcripts showing completion of a bachelor’s degree from an accredited institution and an acceptable undergraduate grade point average. A minimum of 3.0 undergraduate GPA is required. Official transcripts from every institution attended by an applicant, whether or not the applicant completed a degree program at the institution, are required;
- provide three letters of recommendation that address the issues and meet the criteria established by the program being applied to;
- provide a personal statement that addresses the mission and purpose of the program being applied to; it should be no longer than 2 pages, single- or double-spaced.
- resume;
- take part in an admissions interview (required by some programs); and
- exhibit personal and professional experiences and characteristics that are relevant to the profession and/or field and/or degree program for which the application is being submitted.

Doctor of Philosophy (Ph.D.)
In addition to the factors listed as general requirements for all applications to the SEHD’s graduate programs, consideration for admission to the Ph.D. program will include the following:
- letters of recommendation should address the applicant’s academic potential;
- available student space in the program;
- receipt of completed applications by the predetermined cut-off date. Please reference the SEHD website, as doctoral applications are reviewed once each year.

International Applications
All international applicants must provide additional information and meet additional requirements as required by the UM Graduate School and the Office of International Student and Scholar Services. For an appropriate link to these requirements, please visit the Graduate School website.

Admission Decision
Once an applicant has been admitted to graduate study, that individual should meet with the faculty advisor who was appointed to serve in that capacity and whose name appears in the admissions letter. This advisor will help the student enroll in courses that are appropriate to the program as well as to develop and refine a Program of Study that must be on file in the Office of Graduate Studies by the end of the first academic year of enrollment.

Honor Code/Handbook of Policies and Procedures
The School of Education and Human Development follows the Graduate School’s Honor Code. All students are required to review the Graduate Student Honor Code and the School of Education and Human Development’s Handbook of Policies and Procedures for Graduate Students and submit the signed Acknowledgement of Receipt located on page 3 by the end of their first semester of enrollment.
Curriculum Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Prerequisite Counseling Courses</strong></td>
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<tr>
<td>EPS 667</td>
<td>Professional, Legal and Ethical Issues in Counseling</td>
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<td>EPS 675</td>
<td>Therapeutic Group Procedures</td>
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<td>EPS 676</td>
<td>Counseling Process and Practice</td>
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<td>EPS 679</td>
<td>Lifespan Human Development</td>
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<td>EPS 700</td>
<td>Quantitative Methods I</td>
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<td>EPS 682</td>
<td>Practicum in Counseling I</td>
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<td><strong>Counseling Psychology Specialty Courses</strong></td>
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<td>EPS 767</td>
<td>Counseling Psychology: Theory, Research and Practice I</td>
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<tr>
<td>EPS 768</td>
<td>Counseling Psychology: Theory, Research and Practice II</td>
<td>3</td>
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<td>EPS 770</td>
<td>Psychological Appraisal I</td>
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<td>EPS 771</td>
<td>Psychological Appraisal II</td>
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<td>EPS 775</td>
<td>Doctoral Practicum I</td>
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<td>EPS 776</td>
<td>Doctoral Practicum II</td>
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<td>EPS 777</td>
<td>Vocational Psychology and Career Development</td>
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<td>EPS 780</td>
<td>Cultural Diversity and Mental Health</td>
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<td>EPS 782</td>
<td>Supervision in Counseling Psychology</td>
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<td>EPS 785</td>
<td>Preparing Future Faculty Seminar</td>
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<td><strong>Basic Content in Scientific Psychology</strong></td>
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<td>EPS 781</td>
<td>The Social Bases of Human Activity and Flourishing</td>
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<tr>
<td>PSY 604</td>
<td>Cognition and Emotion</td>
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<td>PSY 605</td>
<td>Cognitive Neuroscience</td>
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<td>PSY 640</td>
<td>Adult Psychopathology</td>
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<td><strong>Research Competencies</strong></td>
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<td>EPS 701</td>
<td>Introduction to Research Methods</td>
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<td>EPS 702</td>
<td>Quantitative Methods II</td>
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<td>EPS 703</td>
<td>Applied Multivariate Statistics</td>
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<td>EPS 705</td>
<td>Measurement and Psychometric Theory</td>
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<td><strong>Dissertation</strong></td>
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<td>EPS 830</td>
<td>Pre-Candidacy Dissertation Research</td>
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<td>EPS 840</td>
<td>Post-Candidacy Dissertation Research</td>
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<td><strong>Total Credit Hours</strong></td>
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</table>

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Please see Program Director for guidance.

Sample Plan of Study

This is a sample Plan of Study. Please note that students may be admitted with or without a Master's degree. The sequence shown is combined for all students, regardless of graduate coursework prior to admission. Students who have taken graduate coursework prior to admission can petition for course waivers of prerequisite courses taken. There is no limit to the number of waivers we accept. Petitions for course waivers are evaluated to determine whether the courses are (a) fully equivalent, (b) partially equivalent, or (c) not equivalent. Students who are able to waive out of courses may lower their time to graduation, depending on the number of courses waived. Students should meet with their academic advisor each semester to determine the appropriate course selection.

<table>
<thead>
<tr>
<th>Year One</th>
<th>Credit Hours</th>
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<tbody>
<tr>
<td>Fall</td>
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<tr>
<td>EPS 676</td>
<td>Counseling Process and Practice</td>
</tr>
<tr>
<td>EPS 700</td>
<td>Quantitative Methods I</td>
</tr>
<tr>
<td>EPS 701</td>
<td>Introduction to Research Methods</td>
</tr>
</tbody>
</table>
### Year One

#### Spring
- EPS 667: Professional, Legal and Ethical Issues in Counseling 3
- EPS 702: Quantitative Methods II 3
- EPS 768: Counseling Psychology: Theory, Research and Practice II 3
- EPS 785: Preparing Future Faculty Seminar 1-3

#### Summer
- EPS 675: Therapeutic Group Procedures 3
- EPS 679: Lifespan Human Development 3
- EPS 703: Applied Multivariate Statistics 3

#### Credit Hours
12

### Year Two

#### Fall
- PSY 640: Adult Psychopathology 3
- EPS 682: Practicum in Counseling I 1
- EPS 705: Measurement and Psychometric Theory 3

#### Spring
- EPS 682: Practicum in Counseling I 1
- EPS 780: Cultural Diversity and Mental Health * 3
- EPS 785: Preparing Future Faculty Seminar 1
- EPS 7XX Research Course Elective 3

#### Credit Hours
9

### Year Three

#### Fall
- EPS 770: Psychological Appraisal I * 3
- EPS 775: Doctoral Practicum I 1
- EPS 7XX Research Course Elective 3
- EPS 830: Pre-Candidacy Dissertation Research 1

#### Spring
- EPS 771: Psychological Appraisal II 3
- EPS 775: Doctoral Practicum I 1
- EPS 781: The Social Bases of Human Activity and Flourishing * 3
- EPS 830: Pre-Candidacy Dissertation Research 1

#### Credit Hours
8

### Year Four

#### Fall
- EPS 776: Doctoral Practicum II 1
- EPS 782: Supervision in Counseling Psychology 3
- EPS 830: Pre-Candidacy Dissertation Research 1
- PSY 605: Cognitive Neuroscience 3

#### Spring
- EPS 776: Doctoral Practicum II 1
- EPS 779: Vocational Psychology and Career Development * 3
- EPS 830: Pre-Candidacy Dissertation Research 1
- PSY 604: Cognition and Emotion 3

#### Credit Hours
8
Year Five
Fall
EPS 776  Doctoral Practicum II  1
EPS 840  Post-Candidacy Dissertation Research  3
Credit Hours  4
Spring
EPS 840  Post-Candidacy Dissertation Research  1
Credit Hours  1
Year Six
Fall
EPS 803  Internship in Counseling Psychology  1
Credit Hours  1
Spring
EPS 803  Internship in Counseling Psychology  1
Credit Hours  1
Summer
EPS 840  Post-Candidacy Dissertation Research  4
Credit Hours  4
Total Credit Hours  89-91

* Course taught in alternate years.

Mission
To nurture the development of counseling psychology graduate students and faculty as reflective researchers and scientist-practitioners committed to promoting psychological well-being in a multiculturally complex world.

Student Learning Outcomes

- Students will demonstrate an understanding of scientific knowledge in psychology and will be able to critically evaluate and conduct research relevant to the practice of counseling psychology.
- Students will demonstrate the ability to engage in competent clinical practice as scientist-practitioners.
- Students will demonstrate the ability to engage in ethical behavior and will be responsive to issues of diversity in multiple contexts.
- Students will demonstrate skills to engage in research and academic careers in various contexts including academia, medical centers, hospitals, and mental health centers.