PH.D. IN EXERCISE PHYSIOLOGY

https://kin.edu.miami.edu/graduate/doctoral/ep-phd/index.html

Overview
The Ph.D. in Exercise Physiology requires 72 credits.

Application Requirements
Admission to all graduate-degree concentrations in the School of Education and Human Development is based on the recommendation of the faculty. Admissions decisions are based on faculty review of the following general requirements that apply to all Graduate Programs in the School as well as specific documents listed under each concentration.

Applicants must:
• The GRE is required for admissions. Applicants must achieve acceptable scores on the GRE taken within the past five years. International applicants whose native language is not English or applicants whose degrees are from a non-U.S. University must pass the Test of English as a Foreign Language (TOEFL) or International English Language Testing Systems (IELTS) and the GRE;
• provide official transcripts showing completion of a bachelor’s degree from an accredited institution and an acceptable undergraduate grade point average. A minimum of 3.0 undergraduate GPA is required. Official transcripts from every institution attended by an applicant, whether or not the applicant completed a degree program at the institution, are required;
• provide three letters of recommendation that address the issues and meet the criteria established by the program being applied to;
• provide a personal statement that addresses the mission and purpose of the program being applied to;
• resume;
• take part in an admissions interview (required by some programs); and
• exhibit personal and professional experiences and characteristics that are relevant to the profession and/or field and/or degree program for which the application is being submitted.

Doctor of Philosophy (Ph.D.)
In addition to the factors listed as general requirements for all applications to the SEHD’s graduate programs, consideration for admission to the Ph.D. program will include the following:
• letters of recommendation should address the applicant’s academic potential;
• available student space in the program;

International Applications
All international applications must provide additional information and meet additional requirements as required by the UM Graduate School and the Office of International Student and Scholar Services. For an appropriate link to these requirements, please visit the Graduate School website.

Admission Decision
Once an applicant has been admitted to graduate study, that individual should meet with the faculty advisor who was appointed to serve in that capacity and whose name appears in the admissions letter. This advisor will help the student enroll in courses that are appropriate to the program; to develop and to refine a Program of Study that must be on file in the Office of Graduate Studies by the end of the first academic year of enrollment.

Honor Code/Handbook of Policies and Procedures
The School of Education and Human Development follows the Graduate School’s Honor Code. All students are required to review the Graduate Student Honor Code and the School of Education and Human Development’s Handbook of Policies and Procedures for Graduate Students and submit the signed Acknowledgement of Receipt located on page 3 by the end of their first semester of enrollment.

Curriculum Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
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<tbody>
<tr>
<td>KIN 621</td>
<td>Advanced Systemic Exercise Physiology</td>
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<tr>
<td>KIN 630</td>
<td>Cellular Exercise Physiology</td>
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<tr>
<td>KIN 631</td>
<td>Laboratory Techniques in Functional Evaluation of Skeletal Muscle</td>
<td></td>
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<tr>
<td>KIN 679</td>
<td>Principles of Exercise Prescription/Assessment: Cardiovascular</td>
<td></td>
</tr>
<tr>
<td>KIN 686</td>
<td>Exercise Prescription/Assessment Laboratory</td>
<td></td>
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<tr>
<td>KIN 735</td>
<td>Methods in Biomechanical Analysis</td>
<td></td>
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</tbody>
</table>
KIN 740  Neurophysiology in Exercise Science

**Restricted Electives**
Select 9 credit hours of graduate KIN courses.  

**Unrestricted Electives**
Select 3 credit hours of graduate coursework.

**Outside Supporting Field**
Select 12 credit hours from relevant supportive field.

**Research Competencies (15 credit hours required)**
KIN 746  Research Methods in Kinesiology and Sport Sciences
EPS 700  Quantitative Methods I
EPS 702  Quantitative Methods II
EPS 7XX  Graduate Research Competency Elective
EPS 7XX  Graduate Research Competency Elective

**Dissertation**
Select 12 credit hours of Dissertation
KIN 830  Pre-Candidacy to Dissertation Research
KIN 840  Post-Candidacy Dissertation Research

**Total Credit Hours**
72

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To contact the Graduate Program Director for further information: 
For guidance, please contact the Graduate Program Director.

*Coursework specialization is available in this program for persons interested in clinical and research orientation in the area of exercise physiology.

**For students entering with a Master's degree in Exercise Physiology or a related degree, at least 30 credit hours of graduate coursework must be taken at the University of Miami, in addition to the 12 credit hours of dissertation.

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**Sample Plan of Study**
This is a sample Plan of Study. Your actual course sequence may vary depending on your previous academic experience as well as current course offerings. Students should consult with their academic advisor each semester to determine the appropriate course selection.

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**Year One**

**Fall**
KIN 630  Cellular Exercise Physiology  3
KIN 631  Laboratory Techniques in Functional Evaluation of Skeletal Muscle  3
KIN 679  Principles of Exercise Prescription/Assessment: Cardiovascular  3

**Credit Hours**
9

**Spring**
KIN 621  Advanced Systemic Exercise Physiology  3
KIN 686  Exercise Prescription/Assessment Laboratory  3
KIN 735  Methods in Biomechanical Analysis  3

**Credit Hours**
9

**Year Two**

**Fall**
EPS 700  Quantitative Methods I  3
KIN 746  Research Methods in Kinesiology and Sport Sciences  3
Outside Supporting Field Course  3

**Credit Hours**
9

**Spring**
EPS 702  Quantitative Methods II  3
KIN 740  Neurophysiology in Exercise Science  3
Outside Supporting Field Course

Credit Hours

9

### Year Three

**Fall**

Outside Supporting Field Course

3

Outside Supporting Field Course

3

EPS 7XX Graduate Research Competency Elective

3

**Credit Hours**

9

**Spring**

EPS 7XX Graduate Research Competency Elective

3

Restricted Elective

3

Restricted Elective

3

**Credit Hours**

9

### Year Four

**Fall**

KIN 830

Pre-Candidacy to Dissertation Research

3

Restricted Elective

3

Unrestricted Elective

3

**Credit Hours**

9

**Spring**

KIN 840

Post-Candidacy Dissertation Research

3

**Credit Hours**

3

### Year Five

**Fall**

KIN 840

Post-Candidacy Dissertation Research

3

**Credit Hours**

3

**Spring**

KIN 840

Post-Candidacy Dissertation Research

3

**Credit Hours**

3

**Total Credit Hours**

72

### Mission

The mission of the Ph.D. program in Exercise Physiology is to provide students with advanced knowledge, skills and competencies in the applied sciences concomitant with the ability to conduct advanced level research using laboratory proficiencies required of the field. Students will also learn to provide services related to health and wellness to our diverse Miami community.

### Student Learning Outcomes

- Students will demonstrate advanced level knowledge, skills, and competencies in the field of Exercise Physiology.
- Students will be able to demonstrate advanced level clinical laboratory proficiencies required of the field of Exercise Physiology.
- Students will demonstrate proficiency in their ability to write intelligently about concepts and theory in Exercise Physiology and conduct scientific research in the field.
- Students will demonstrate proficiencies in their written and oral communication skills.