

MINOR IN COUNSELING

Overview

The minor in Counseling is designed to provide students with foundational skills and knowledge to promote psychological well-being in a variety of social contexts. Students will learn about key concepts and theoretical frameworks in the field of Counseling and their application to promote healthy human development, well-being, and social change. The minor in Counseling is open to all University of Miami undergraduate students.

Curriculum Requirements

| Code | Title | Credit Hours |
|---|---|--------------|
| Select five courses from the following: | | 15 |
| EPS 201 | Psychosocial Change and Well-being | |
| EPS 270 | Lifespan Human Development | |
| EPS 280 | Introduction to Family Studies: Dating, Coupling, Parenting | |
| EPS 311 | Group Processes and Development | |
| EPS 420 | Introduction to Counseling and Psychotherapy | |
| EPS 430 | Creating Belonging Through Dialogue | |
| EPS 440 | Listening and Helping Skills. | |
| Total Credit Hours | | 15 |

- The requirements of the minor are 15 credit hours with a grade of C or higher. Students may select any five (3 credit hour) courses listed here to fulfill the requirements of the minor.

- Nine of these 15 credit hours must be earned at the University of Miami; with prior approval, three of these nine may be taken through the UM Study Aboard Program.

- All transfer course equivalences (up to 6 credits), must be approved by the EPS department.

- The undergraduate coursework in the Counseling minor is open to all qualified University of Miami students.

- Determination for using these courses as a minor, as a specialization, and/or as electives in any program, is made by the individual student's degree granting college or school.